**Molly Kellogg's COUNSELING INTENSIVE:**

A unique experiential Motivational Interviewing training program with small group format and practice with partners to integrate the skills. An on-line program is completed prior to the workshop and allows deeper practice during the two-day program.

Credits approved for Registered Dietitians and DTRs: 18 (Certificate of completion provided to everyone)  
We keep these workshops small to maximize individual attention. Early registration is advised!

Print brochure at <http://www.mollykellogg.com/wp-content/uploads/2014/07/Brochure-CI.pdf>  
Register online at <http://www.mollykellogg.com/professionals/counseling-intensive/>     
**WORKSHOP DATES:**  September 16-17, 2016  
**LOCATION:**  Nashville  
**REGISTRATION DEADLINE:**  August 19

**Topics:**

* How behavior change happens
* Evidence for Motivational Interviewing
* How to work with resistance
* Fundamental counseling skills
* Unpacking client meaning and values
* Exploring confidence to change
* Helping clients gain more choice
* Providing advice effectively
* Professional boundaries, including use of self-disclosure and answering personal questions
* Help with tough cases
* Self-care and avoiding burn out
* What to do when you have very little time
* ...and much more!!

"This was the missing piece!"  
"The single most helpful workshop I have attended to help my effectiveness as a dietitian."  
“These are the skills we all wish we had been taught in school.”

**Interested but can’t attend this time?** Sign up for the free "Counseling Tips for Nutrition Therapists" e-mail series at [www.mollykellogg.com](http://www.mollykellogg.com/" \o "blocked::http://www.mollykellogg.com/" \t "_blank).