Dear NAND members,

This year, as some of you may have heard, NAND will be partnering with Glencliff High School and Wright Middle School to bring our exceptional members into Metro Schools. The partnership was facilitated by PENCIL foundation (http://www.pencilfoundation.org/).

Last Friday I attended the first meeting and left very excited with lots of volunteer opportunities for you. Below you will find the list of opportunities. Please note some of the events will be coming up shortly.

If you would like to help with any of the events, please email me directly at polinkav@gmail.com and we can go from there.

This is a very exciting opportunity for NAND.

1. Volunteer at Glencliff Academy Showcase September 16th, 5pm-6:30pm; set-up will start at 3pm; It is a tailgate party style where all the schools will have a few tents representing their school and its pathways. Glencliff's pathway is biomedical, so they will have some nutrition related demos. One of the demos will be to guess the right amount of sugar and salt in different foods. There will be a football game following the party at 7pm.

**RSVP by September 12th**

1. Glencliff is looking for speakers to come in to tell students how they chose their career, college, grad school; how they paid for college; what resources they used

**RSVP by October 1st**

1. Glencliff is looking for places to do job shadowing. The official dates for the job shadowing are October 12, November 16, February 1, and March 29. If your company/hospital is willing to have students come and shadow dietitians -they would love that.

**RSVP by October 1st**

1. Participate in a career fair- October 27th. It is held for ALL Metro freshmen. If you would like to represent NAND, dietetic program, hospital, or company- please consider participating. You can find more information here: http://technologycouncil.memberzone.com/events/details/mnps-career-exploration-fair-10-27-2016-1420

**RSVP by October 1st**