



Kids Cook at the Market Intern

The 12 South Farmers Market is looking to fill an important volunteer role! We are looking for a Kids Cook Intern to help plan and implement a children's cooking class at the Market!

To apply, please submit a resume and letter of interest outlining your experience in this area and why you are interested in volunteering for this position via email to Lindsey Joe, RDN, LDN at handmadehealthy@gmail.com (Subject line: Submission - Kids Cook Intern) by April 28, 2017.

Applicant Requirements

- A passion for cooking seasonably with locally grown food
- Experience purchasing produce directly from the farmers & shopping at farmers markets
- Excellent communication skills and highly self-motivated
- Experience working with children and teaching children to cook
- Available for initial planning meeting, lasting two hours, date TBD
- Available every Tuesday in June (not 6/27) & July (not 7/4) from 3-7pm as well as additional time for planning

Intern Responsibilities Include

- Work with Kids Cook team lead to develop recipes, care for mobile kitchen kit, and communicate program details
- Welcome children and parents upon arrival, assist with sign-in & sign-out procedures
- Monitor location of all children from beginning to end of class
- Speak to nutrition benefits of featured produce during class when necessary
- Present weekly recipes with enthusiasm and professionalism

Intern Benefits

- Hands-on work with recipe development, farm-to-table purchasing and insight into farmers market systems
- Valuable community service experience
- Letter of recommendation based on participation assessments

Class Description

Weekly cooking classes will focus on teaching children about eating through the seasons, getting to know your farmer, and gaining hands-on experience preparing ingredients purchased fresh at the market. The classes are taught by certified dietician nutritionist and guest chefs. Classes will include a guided market tour, small group instruction, sample tasting and recipes to take home. Classes are offered to children ages 8-12 and will be held at the 12 South Farmers Market on Tuesdays from 5:15-6:15pm in June & July. Class size is limited so pre-registration is required.