

NAND Nominees for Office: 2019-2020 Election

Nominee for President Elect

Melissa Giovanni, MS, RDN, LDN

Position Statement: Being a registered dietitian is something I am very passionate about. I am committed to promoting dietitians as the nutrition expert, educating students and interns, and continuing to learn myself. Our field is ever growing and changing and staying up to date with the latest information and evidence is crucial.

I believe that I would be a good fit for the position of president elect. I have learned so much over the past two years serving on the NAND board as nominating chair elect and nominating chair. I believe that these years of experience have helped me to understand the organization and what we do and can do! I am a very well organized and determined person and enjoy taking on leadership roles and bringing people together in community.

I would like to help our organization continue to grow, expand our professional reach, and advocate for the field of nutrition. I would be honored to serve on the board this coming year as president elect!

Resume: see below

Nominee for Council on Professional Issues (CPI) Chair Elect

Kelsey Higgins, MS, RDN, LD

Position Statement: Thank you for the opportunity to be nominated to serve on the NAND board this upcoming year. As a Nashville transplant I am looking to serve on the NAND board in order to meet fellow dietetic professionals in the area and to further my knowledge and expertise as a Registered Dietitian. I believe I will be a good fit for the position of CPI chair elect as I am a well-organized individual with strong communication skills. These qualities will translate well in a position that requires one to schedule and coordinate meetings and various activities, find and provide resources for fellow NAND members, and serve as a context expert and liaison.

Resume: see below

Nominating Chair Elect

Leigh Anna Davenport, MS, RDN

Position Statement: I moved to Nashville about 8 months ago for a dream job in corporate wellness. Since then I have been attending NAND events and seeking opportunities to be more involved in our professional community. The NAND social events and meetings have been a great way to connect and support other local dietitians. I would like to serve on the board as Nominating Chair Elect to help fill our local leadership roles with dedicated and inspirational individuals who will help advance our practice, advocate for our expertise, and extend our professional reach.

My qualifications include serving on the leadership board of a large student organization for three years during college. My senior year I was in the Vice President position and my responsibilities included recruiting new membership and organizing elections of the executive board. I have also served as a dietetic preceptor in both clinical and corporate settings. In this role I have encouraged students to be involved in their local organizations and network with other dietitians. I would like to take on a leadership role with NAND so that I can share my experience with future interns. I look forward to the opportunity to serve the NAND membership and grow professionally.

Thank you for your consideration.

Secretary

Anna Cragon, RDN, CEDRD, LDN

Position Statement: I am committed to promoting positive nutrition and the enhancement of registered dietitians as the nutrition experts in addition to their need in coordination with other disciplines for optimal health. The dietetic profession, including the Academy, NAND, and other organizations have given for my professional development, networking, and support and I want to serve on the 2019-2020 NAND board as an opportunity to give back to the organization and profession. Serving on a board requires experience, time availability, dedication, and appropriate skills, all of which I believe I can positively add to the NAND organization.

I believe I am a good fit for the secretary position due to my organization and

leadership skills. I have been volunteering as a dietitian in the community at Siloam Family Health Center the past 4 years in addition to working as a dietitian in private practice. In private practice, I keep records of practice outcomes to promote our business and create newsletters and handouts to promote our business, both of which I believe will be an asset to NAND to keep all members informed about networking opportunities, continuing education, and organization information. I strive to be an excellent clinician in my work and volunteering and hope to contribute to NAND continuing to be an excellent organization both for its members and our community.

Treasurer

Jamie Flick, RDN, LDN

Position Statement: Over the past two years, I have served on the NAND Board of Directors as Treasurer. During this time, I have strived to support my fellow board members to the best of my ability by keeping a detailed, up-to-date budget, attending board and member meetings regularly and offering advice when needed. I would be honored to continue to serve another term as Treasurer, which would allow me to continue to support NAND and our members.

Resume: See below

MELISSA J. GIOVANNI

Giovanni1mj@gmail.com 248.444.9516 2480 Moore Way La Vergne, TN 37086

EDUCATION

Eastern Michigan University, Ypsilanti, Michigan

Master of Science in Dietetics, *Distance Coordinated Program*, August 2015

Central Michigan University, Mount Pleasant, Michigan

Bachelor of Science in Business Administration, December 2008

Major: ***Human Resources Management*** Minor: ***Legal Studies***

Currently in process of becoming a Certified Eating Disorder Registered Dietitian (CEDRD)

EXPERIENCE

Balance Nutrition Counseling, PLLC, Nashville, TN

Registered Dietitian, Owner

January 2019 – Present

- Provide individual nutrition counseling, medical nutrition therapy for adult, adolescent and pediatric clients. Treatment includes, but is not limited to eating disorders, disordered eating, general wellness, nutrition related health conditions, body image and weight concerns
- Coordinate care of clients with other healthcare providers
- Consults/PRN dietitian for eating disorder and substance abuse treatment facilities
- Creates blogs, newsletters, handouts, and social media posts to promote company
- Runs business and facilitates invoicing, billing, and all administrative tasks

Allison Nutrition Consulting, Inc. Nashville, TN

Registered Dietitian

July 2016 - Present

- Provide individual nutrition counseling, medical nutrition therapy for adult, adolescent and pediatric clients. Treatment includes, but is not limited to eating disorders, disordered eating, general wellness, nutrition related health conditions, body image and weight concerns
- Coordinate care of clients with other healthcare providers
- Aid in development and marketing of company to the community
- Consults with eating disorder and substance abuse treatment facilities

Women's eating disorder recovery group, Nashville, TN

Registered Dietitian, Co-leader

May 2017 – Present

- Co-facilitate therapeutic group with therapist specializing in eating disorders for adult women working on eating disorder recovery
- Facilitate nutrition discussions and group meals or snacks

So Fly Studio (Formerly Serenite Fitness) Mount Juliet, TN

July 2015 – Present

Certified Tap n Pow{h}er and Barre Fitness instructor

- Teach group fitness classes and one on one lessons

The Recovery Ranch, Nunnally, TN

Registered Dietitian

July 2015 – September 2016

- Provided individual nutrition counseling for all women's program clients
 - Counseling clients with eating disorders, chemical dependency, personality disorders, anxiety and depressed related disordered eating, PCOS, diabetes, and other nutrition related conditions
- Conducted nutrition education groups
- Presented nutrition orientation to all new clients
- Actively participated in staff meetings as part of an interdisciplinary team

VOLUNTEER EXPERIENCE

- **Centennial Hospital Bariatric Clinic, June 2014-August 2014**
- **Mt. Zion ChurchFit Nutrition Classes March 2014-August 2014**
- **Nashville Food Project – Gardening Project, March 2014 & March 2015**
- **Salvation Army – Bell ringing, Multiple Christmas seasons**

CERTIFICATIONS

ServSafe Food Protection Manager Certification, October 2013

From The Educational Foundation of the National Restaurant Association

CPR/AED/First aid certified, HeartSaver Course, Current certification

AFFILIATIONS

The Academy of Nutrition and Dietetics, May 2011 – Present

- Dietetic Practice Groups – Behavioral Health Nutrition, Nutrition Entrepreneurs, and Sports, Cardiovascular and Wellness Nutrition
- *Student Liaison, Eastern Michigan University Program, January 2014 – August 2014*

Nashville Academy of Nutrition and Dietetics, August 2013 - Present

- *Board Member - Nominating Chair-Elect & Nominating Chair, May 2017-present*

International Federation of Eating Disorders Dietitians (IFEDD)

International Association of Eating Disorder Professionals (IAEDP)

The Academy of Eating Disorders

PUBLICATIONS/INTERVIEWS

How to Get Vitamin D, Sophia Mitrokostas, Thisinsider.com, January 2019

How Vitamin Toxicity is Hurting Your Health. Ellen Williams, Wably.com. December 6, 2016

Building Relationships, Not Just Connections. The Nutrition Entrepreneurs Network Student Newsletter, Spring 2015

Kelsey Higgins, MS, RDN, LD

Nashville, TN 37209

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OBJECTIVE:

Results-oriented dietitian with leadership and communication skills who strives to provide a patient-centered approach of medical nutrition therapy within an organization that shares my core beliefs and values.

EXPERIENCE:

Clinical Dietitian, PRN

July 2018-Present

TriStar Skyline Medical Center

Nashville, TN

- Provide nutrition services and medical nutrition therapy; manage enteral and parenteral patients; participate in performance improvement efforts; provide individual and group nutrition education, and maintain professional competency and skills required for professional practice
- As a PRN dietitian I have experience working in a variety of patient care units including intensive care units (neurology, trauma, and medical), inpatient rehab, and general medical/surgical floors

Clinical Dietitian, PRN

September 2018-Present

Vanderbilt Stallworth Rehabilitation Hospital

Nashville, TN

- Provide nutrition services and medical nutrition therapy; manage enteral patients; provide nutrition education
- Primary patients include those with stroke, brain injury, spinal cord injury, amputations, and or/neurological conditions

Registered Dietitian/Owner

BreakThru Nutrition, LLC

November 2015-Present

Nashville, TN

- Private practice offering nutrition education, nutrition counseling, and medical nutrition therapy to a variety of clients in individual and group settings in person or via telehealth
- Primarily work with eating disorder and sports nutrition clients on a weekly basis
- Conducted 75+ diet assessments for the Center of Advanced Research and Education (Gainesville, GA)
- Use of HIPAA compliant telehealth via Healthie and use of food processor software for diet/recipe analysis
- Former Nutrition Director of VolleyPerformance North Georgia (2015-2018)
- Current contract dietitian for The Bridge at Hickory Woods, an Assisted Living Community in Antioch, TN

Clinical Dietitian

Northeast Georgia Medical Center

August 2015-July 2018

Gainesville, GA

- Provided nutrition services and medical nutrition therapy; managed enteral and parenteral patients; participated in performance improvement efforts; provided individual and group nutrition education, and maintained professional competency and skills required for professional practice
- Primary areas of coverage included the trauma intensive care unit, oncology, and cardiac patients
- Taught group cardiac nutrition education classes weekly to an audience of 5-20 patients
- Preceptor for 3-5 interns and coordinated program students each year
- Lead Dietitian for the Ensure Quality Improvement Program focusing on protein-calorie malnutrition diagnosis and intervention as well as readmission rates throughout the 650+ bed organization
- Created various resources for dietitian staff, patients, and hospital employees

EDUCATION:

Georgia State University

August 2015

- Master of Science, Health Science in Nutrition
- Coordinated Program in Dietetics
- Completed 1200+ hours of supervised practice

Tennessee Technological University

May 2013

B.S. Human Ecology/Food, Nutrition, and Dietetics

- Graduated Magna Cum Laude
- NCAA Division 1 Volleyball 4-year Scholarship Student-Athlete

LICENSURE AND REGISTRATION:

- Registered Dietitian with the Commission on Dietetic Registration Registration #8603289
- Licensed Dietitian (State of Tennessee) License #3443
- Licensed Dietitian (State of Georgia) License # LD004518

LEIGH ANNA DAVENPORT

leighannadavenport@gmail.com

318 245 6462

Registered Dietitian Nutritionist

Linkedin.com/in/leighRD

Professional Profile

Highly skilled in nutrition therapy, health research, and strategic planning. Experience developing employee wellness programs and expanding engagement with health software. Confident public speaker having presented health information to audiences of greater than 200 participants. Professionally trained in health coaching, process improvement, and data analysis.

Education

Master of Science, Nutrition, Texas Woman's University, 2011 – 2013

Bachelor of Science, Nutrition, Louisiana Tech University, 2007 – 2011, Summa cum laude

Experience

Account Executive and Dietitian

Nashville, Tennessee / May 2018 – Present

- Manage client relationships during program implementation, launch, and development
- Create wellness content including articles, videos, and images for target populations
- Oversee program planning, incentive design, and engagement reporting
- Organize curriculum and supervise project completion for dietetic intern rotations

Wellbeing Consultant and Entrepreneur

Dallas, Texas / March 2016 – May 2018

- Planned, researched, and organized long term travel across eight Latin American countries
- Provided results-oriented counseling for weight loss, chronic disease, and stress management
- Customized nutrition education, fitness plans, and cooking classes to meet client needs

Clinical Dietitian, Veterans Affairs Medical Center

Houston, Texas / September 2014 – March 2016

- Collaborated with multidisciplinary teams to assess patient needs and develop care plans
- Ensured customer satisfaction by coordinating resources with peripheral departments
- Motivated patients of all socioeconomic and health literacy levels to meet and exceed goals

Wellness Coordinator, Personalized Prevention

Houston, Texas / November 2013 – September 2014

- Developed services, communications, trainings, and marketing according to client contracts
- Led meetings with client representatives to establish objectives and program solutions
- Increased program engagement by implementing population specific program delivery

Anna Cragon, RDN, CEDRD, LDN

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EDUCATION

- Vanderbilt University Medical Center**, Nashville, TN August 2013 – June 2014
Dietetic Internship
- 44-week post baccalaureate supervised practice, completing 1286 ACEND approved hours
- Auburn University**, Auburn, AL August 2009 – May 2013
Bachelor of Science, Nutrition & Dietetics
- Summa Cum Laude, University Honors Scholar
- Clemson University Brussels Center**, Brussels, Belgium July 2011
Study Abroad; An International Perspective on Nutrition

CREDENTIALS

- Registered Dietitian through CDR (#1109199) July 2014 - Present
- Licensed Dietitian/Nutritionist in the state of Tennessee (#2771) August 2014 - Present
- Certified Eating Disorder Dietitian (CEDRD) through the International Association of Eating Disorder Professionals (IAEDP) July 2016 - Present
- Dialectical Behavioral Therapy Skills Training through The Linehan Institute Behavioral Tech January 2015
- Wellcoaches® Core Health and Wellness Coach Training Program.(18 weeks) November 2013 – March 2014

WORK EXPERIENCE

- Fowler Nutrition PLLC**; Nashville, TN August 2017 - Present
Registered Dietitian
- Provides medical nutrition therapy for adult and pediatric clients with nutrition concerns including but not limited to eating disorders and disordered eating, weight and body image concerns, sports nutrition, gastrointestinal issues, abnormal labs, and specific medical conditions
 - Coordinates care with providers including therapists, physicians, personal trainers, and treatment facilities for coordination of client care
 - Creates newsletters, handouts, and social media posts to promote the company
 - Tracks practice outcomes, financial information, and client referrals to promote business development
- MPOWER Performance Institute**; Nashville, TN July 2016 - August 2017
Performance Dietitian
- Worked with the interdisciplinary health care team including concierge physician and nurse practitioner, physical therapists, performance coaches, and massage therapists for coordination of client care
 - Conducted 1on1 nutrition counseling and created customized nutrition programming and meal planning for clients with nutrition concerns
 - Acted as a nutrition resource for all clients and staff, integrating nutrition and other service lines into patient care
 - Provided oversight for pro shop product line to ensure clients are being offered and recommended appropriate and safe supplements
- The Ranch**; Nunnally, TN July 2014-June 2016
Registered Dietitian
- Led weekly nutrition, body image, and dialectical behavioral therapy groups and individual nutrition counseling sessions for clients with eating disorders, disordered eating, and other nutritional needs
 - Worked independently as well as a part of an interdisciplinary health care team including weekly meetings to discuss client's care
 - Utilized the nutrition care process in effective and timely charting
 - Confronted and handled conflicts both with other staff members and clients including setting boundaries and client accountability

HONORS AND AWARDS

- Alabama Dietetic Association Outstanding Senior for Auburn University
- Who's Who Among Students in American Universities and Colleges
- Omicron Delta Kappa
- Phi Kappa Phi
- 2014 Meharry Geriatric Consortium Inter-Professional Clinical Case Event - member of winning team

AFFILIATIONS

- Academy of Nutrition & Dietetics – Tennessee affiliate** March 2011 - Present
Dietetic Practice Groups: Sports, Cardiovascular, and Wellness Nutrition DPG; Behavioral Health Nutrition DPG
- Nashville Academy of Nutrition and Dietetics** August 2013 – Present
- International Federation of Eating Disorder Dietitians (IFEDD)** August 2015 – Present
- International Association of Eating Disorder Professionals (IAEDP)** March 2016 – Present
- CPSDA (Collegiate & Professional Sports Dietitians Association)** July 2016 - August 2018
- Siloam Family Health Center**; Nashville, TN November 2014 - Present
- Provides medical nutrition therapy for underserved populations one evening/month.
- Young Life**; Auburn, AL/Nashville, TN January 2010 – Present
- Volunteer high school leader 2010-2013
 - Quest leader for freshman college student leader training 2012-2013
 - Capernaum volunteer 2013-2015
 - Volunteer college small group leader 2015-Present
- Nashville Symphony Crescendo Club** January 2018 - Present

Jamie M. Flick, RDN, LDN

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REGISTERED DIETITIAN NUTRITIONIST

Nutrition Expert | Health Advocate | Dedicated Educator | Team Leader

Registered Dietitian Nutritionist with multi-specialty experience. Well-versed in clinical dietetics including nutrition assessments, diet educations, enteral and parental feeding regimens, malnutrition and wound healing.

PROFESSIONAL EXPERIENCE

TriStar Southern Hills Medical Center – Nashville, TN **2016-Present**
Clinical Dietitian (May 2016 – Present)

Clinical Activities

- Complete nutrition assessments on 200+ patients monthly
- Implement nutrition interventions to help improve patients' nutritional status
- Educate patients on nutrition as it relates to their specific health conditions
- Implement and ensure quality of enteral and parenteral feeding regimens
- Coordinate with interdisciplinary team daily to provide quality health care

Leadership Activities

- Serve as preceptor annually for two Lipscomb dietetic interns
- Served as the Diabetes Self-Management Program Manager from May 2016-June 2017

National HealthCare Corporation – Nashville, TN **2013-2016**
Clinical Dietitian (June 2013 – May 2016)

Clinical Activities

- Managed nutrition assessments on 100+ patients monthly
- Developed high calorie, high protein recipes for residents
- Coordinated with interdisciplinary team to provide quality health care

Leadership Activities

- Provided monthly consultation to nursing center satisfaction committee
- Co-managed annual fundraising initiatives for the Alzheimer's Association
- Served as preceptor annually for two National HealthCare Corporation dietetic interns
- Awarded Employee of the Month Recognition three separate times

Gentiva Hospice – Nashville, TN **2014-2015**
Clinical Dietitian (May 2014 – July 2015)

Clinical Activities

- Educated families and patients on nutrition related to end of life situations
- Provided customized nutrition interventions to promote quality of life

EDUCATION & CREDENTIALS

Dietetic Practicum – National HealthCare Corporation 2012-2013

Bachelor of Science in Dietetics – Indiana University 2008-2012

Academy of Nutrition and Dietetics – Joined 2007

COMMUNITY ENGAGEMENT

Nashville Academy of Nutrition and Dietetics – Treasurer (2017-Present)

Tennessee Academy of Nutrition and Dietetics – Member

Criewood United Methodist Church Health Fair – Presenter (April 2017)