NAND November 11th, 2014 Fall Meeting  
Vanderbilt Recreation Center  
5:00pm-7:30pm

5:00-5:30 PM  Networking/Tour of facility

5:30 PM  NAND Announcements

5:40PM  Introduction of Speaker: Catherine Austin, MS, RD, LDN, FADA

5:45-6:45 PM  TAND Updates:  
1) Goals and direction of AND and TAND  
2) Website update  
3) Reviewing organizational structure of TAND  
4) Delegate news  
5) Review of licensure laws, CMS

Objectives:  
1) Present goals of AND and TAND  
2) Review TAND website features and functions  
3) Understanding each member’s role in the organization and opportunities for engagement  
4) Present topics on business leadership. Present AND’s information on the BS/non-internship dietetics professional  
5) Educate members on the importance of individual responsibility with regard to the public’s safety.

6:45PM  Introduction of Speaker: Kayla Little, RD, cPT

6:50-7:25 PM  “RD’s Role in Treatment of Binge Order Eating Disorder through Obesity”

Objectives:  
1. Educate RDs on mindful eating in treatment of Binge Eating Disorder  
2. Discuss motivational interviewing as an integral part of treatment of binge eating disorder and overall adult weight management  
3. Discuss treating disease process versus weight in overweight and obese clients  
4. Interactive activity on mindful eating and “26 ways to move your body”

7:25-7:30 PM  Closing