

NAND Nominees for Office: 2020-2021 Election

Nominee for President Elect

Kaitlyn Kownacki, RDN, LDN

Position Statement: Thank you for this opportunity to be nominated to serve on the NAND board. Ever since I was a student in nutrition & dietetics, I knew I wanted to be an active participant in NAND to connect with and support fellow Nashville RDs. I am passionate about promoting dietitians as the foremost nutrition experts, increasing our reach within our community, promoting diversity within our field, and staying up-to-date with the latest evidence as nutrition science evolves.

I am confident I would serve NAND well as President Elect. I served as the Founding Treasurer of STAND (Student TAND), and as the Events/Service Coordinator of LAND (Lipscomb AND). In my current role, I utilize my strong organization & leadership skills, in addition to designing & implementing our internship program & social media strategy. I look forward to this opportunity to help foster NAND's continued growth and success.

Resume: see below

Nominees for Council on Professional Issues (CPI) Chair Elect

Emily Cornwell, RD, LDN

Position Statement: Dear NAND Board, being an RD for a little shy of 4 years, I do believe I've found a job that molds my passions and profession very well. After growing up here in Nashville and moving away, being back for the last 6 months has been such a joy. I care about the city and success of its people, especially when it comes to nutrition and the impact our food choices have on our quality of life. Being in my current role as an outpatient dietitian - staying familiar with insurance updates, applying effective communication/engagement, and representing my profession well are items I deal with on a daily basis. Spending the entirety of my career abiding by the regulations set in place by my healthcare employer, I am also aware of protocols set in place and participating in audits as well. That being said, I am comfortable speaking in group or educational settings, and believe staying up to date and informed is a very vital part of the job as a nutrition professional. As mentioned previously, I am fairly new to the Nashville community of dietitians, and am looking forward to any opportunities to meet other professionals in my field. I believe working with NAND is a great opportunity for that. I ultimately care about people, about how food affects our overall health, and about how I use my skills to better my profession as a dietitian. Thanks for considering me for this position and I hope to work alongside you soon!

Resume: see below

Morgan McFarlane, MPH, RD, LD

Position Statement: I would like to be on the board to be more involved with NAND and engage with other RDs in the area. I would be a good fit for the position because I am very organized and good with

communication. I am able to balance work and other responsibilities as evidenced by obtaining my master's in public health while holding a full time job.

Resume: see below

Lori Brown, RD, LDN, Certified Intuitive Eating Counselor

Position Statement: Thank you for the potential opportunity of serving on the NAND board. I am interested in this opportunity for a few reasons. First of all, I believe that having the opportunity to serve in this specific role fits within my skills and passion. Having nearly twenty years of experience, I truly enjoy coordinating details and ensuring that I (and others) am up to date with evidence based guidelines. Dietitians are some of the most highly skilled health professionals in the health allied field, yet we are often underutilized. I am passionate about advocacy and ensuring we remain current with guidelines and trends. Also, I am in the process of obtaining my hours to become a Certified Eating Disorder Dietitian Supervisor. Having a leadership role will be beneficial in my professional goals. I also like being involved in organizations that are impacting the local community.

I believe my years of experience and love of learning make me an ideal candidate for this position. In addition, I enjoy meeting leaders in the industry and would welcome coordinating with others to find key speakers.

Resume: see below

Nominee for Nominating Chair Elect

Sara Haji

Position Statement: There are many reasons I'd love to be part of the board but the biggest reason is that I would like to be more connect, contribute, and make a difference to my Nashville community. I also believe that networking helps everyone to grow and being on the board will help me and others to share our experiences to learn from each other and grow together. Lastly, I am a very social and outgoing person, I love engaging with others especially when it comes to learning and teaching to others. I am confident that I can serve the public through the promotion of optimal nutrition, health and well-being.

I see myself as self-motivated person who is willing to go above and beyond on any project. I have strong oral communication skills and I am very efficient with my time. I am very passionate about healthy lifestyle habits and the well-being of the public as I always value the importance of giving back to my Nashville community. I am confident that my strong work ethic and communication skills will greatly qualify me for this position.

Resume: see below

Nominee for Secretary

Madelyn Emler

Position Statement: As a fairly new professional in the field of dietetics you might be curious as to why? Well before I dive into the rabbit hole of the vast reasons to what lead me down this path, I'll simply state, advocacy. Throughout my internship we were taught the importance of advocacy in our community. So, I want to continue that journey by becoming secretary of the Nashville Academy of Nutrition and Dietetics (NAND).

I began my career in advocacy of nutrition even before my acceptance to Samford University's Dietetic Internship. Through my undergraduate education I became the Vice-President (VP) of our school's Nutrition and Dietetic Association and later became the President of that organization. As VP and President, I created volunteer activities to provide nutritious care to our community. This experience led me to apply for an internship with a priority geared towards advocacy, such as Samford University. As a student/intern of Samford University, I led countless volunteer activities for fellow interns and participated as a page for the Alabama Dietetic Association annual meeting. Through volunteer events and hill day at the state capitol, I learned the importance of advocacy can have on our profession.

My goal is to apply my past with the future of dietetics, by advocating for the future of our profession. Being a secretary will allow me the stepping stone to be able to advocate for our profession for years to come as a young professional. Becoming secretary of NAND, I plan to utilize my voice to advocate and spread the information received at each meeting to members.

Resume: see below

KAITLYN KOWNACKI, RDN, LDN

EDUCATION

LIPSCOMB UNIVERSITY; NASHVILLE, TN

DPD CERTIFICATE, 2017

GPA: 3.87

VANDERBILT UNIVERSITY; NASHVILLE, TN

BACHELOR OF SCIENCE, MAY 2015

Major: Human & Organizational Development; Health and Human Services concentration

GPA: 3.72

Honors: *cum laude*, Dean's List

EXPERIENCE

REGISTERED DIETITIAN, NASHVILLE NUTRITION PARTNERS

OCT 2019-PRESENT

- Provide medical nutrition therapy and nutrition counseling to clients using a non-diet, Health At Every Size approach. Collaborate with physicians, therapists, and other health care team members to provide the best health care experience
- Design and implement social media strategy & internship program

REGISTERED DIETITIAN HEALTH COACH, ONLIFE HEALTH

APRIL 2019-OCT 2019

- Use evidence-based coaching skills to set and achieve health-related goals in the areas of nutrition, physical activity, tobacco cessation, and stress management to facilitate behavior change
- Coach a specialized population in need of nutrition expertise, including people with IBD, diabetes, renal disease, and bariatric surgery

ASSOCIATE CHEF, VIBE CHEFS

NOV 2018-APRIL 2019

- Created weekly meal plans for clients, calculating nutrients to adhere to specific wellness goals
- Purchased and prepare ingredients, maintaining food safety standards according to ServSafe guidelines

DIETETIC INTERN, LIPSCOMB UNIVERSITY

AUG 2017-MAY 2018

- Completed over 1200 supervised practice hours with a concentration in Health & Wellness at the following sites: Onlife Health, Tennova Healthcare, Metro Nashville Public Schools, Second Harvest Food Bank, WIC, and Fresenius Kidney Care
- Executed effective inpatient and outpatient MNT to patients with diverse conditions such as heart disease, diabetes, IBD, cancer, COPD, renal disease, bariatric surgery, wounds, etc, using Cerner for EMR charting
- Provided on-site health coaching, created written, online, and in-person presentation trainings for health coaches on evidence-based nutrition, and planned & facilitated nutrition classes

WELLNESS COACH, YMCA OF MIDDLE TENNESSEE

SEPT 2016-MAY 2017

- Conducted one-on-one wellness consultations with over 80 members, performing fitness evaluations, goal setting, and creating customized wellness plans
- Developed nutrition education seminars with RD and created nutrition handouts for member education

PROFESSIONAL ACTIVITIES

- Academy of Nutrition and Dietetics | Student Member | Sept. 2015-Present
- Nashville Academy of Nutrition and Dietetics | Member | Sept. 2015-Present
- Student Academy of Nutrition and Dietetics | Founding Treasurer | March 2016-May 2017
- Lipscomb Academy of Nutrition and Dietetics | Events/Service Coordinator | Sept. 2015-May 2016

KAITLYN.KOWNACKI@GMAIL.COM

CELL: 914.960.7498.

[LINKEDIN.COM/IN/KAITLYNMAGNOTTE](https://www.linkedin.com/in/kaitlynmagnotte)

EMILY CORNWELL, RD, LDN
emilyanncornwell@gmail.com
(615) 500-3646 | 9204 Apache Trail Brentwood, TN 37027

EDUCATION:

Tennessee Technological University, Cookeville, Tennessee

Bachelor of Science in Human Ecology: Food, Nutrition, & Dietetics, August 2010 - May 2014 (GPA: 3.58)

University of Tennessee at Martin, Martin, Tennessee

Dietetic Intern/Graduate Student, August 2015 – May 2016 (GPA: 4.0)

EXPERIENCE:

HCA TriStar Southern Hills Medical Center, Nashville, TN

Outpatient Dietitian, February 2020-Present

- Operate the outpatient nutrition education program
- Communicate with MDs and medical professionals for referrals to provide nutrition education on chronic disease
- Facilitate and teach monthly Diabetes Self Management Education class
- Assist with cardiac rehab diet educations and patient participation

Sumner Regional Medical Center, Gallatin, TN

Clinical Inpatient Dietitian, Outpatient Diabetes Clinic Dietitian, August 2019 – January 2020, PRN

- Implemented medical nutrition therapy to patients in the acute care setting of a 155 bed hospital, primarily on the CCU and orthopedic floors
- Strengthened structure of outpatient program, conduct calls, schedule patients, and handle charges for diabetes clinic
- Led outpatient educations and counseling sessions

Baptist Memorial Hospital Desoto, Southaven, MS

Registered Dietitian, August 2016 – July 2019

- Pritikin Intensive Cardiac Rehab Outpatient Dietitian/Assistant Director, August 2018 – July 2019
 - Established new outpatient program at Baptist Desoto, received training at longevity center, content expert for program
 - Facilitated expansion of program from 3 days to 5 days a week, designed schedule layout
 - Organized and created assessment templates, lesson plans, and supplemental education materials
 - Possessed strong interpersonal skills working with medical team and patients to empower for change
 - Collaborated and coordinate plans for committee meetings
 - Provided outpatient counseling to cardiac patients weekly (Identify specific nutrition diagnosis and create interventions; utilize motivational interviewing and nutrition education)
 - Taught weekly cooking demonstrations (6/day) and nutrition workshops
 - Collaborated with chef, food service staff, and managers to plan, purchase, prepare food for cooking workshops
 - Trained new RDs on program content and techniques to implement program at partnering facilities
- Clinical Inpatient Dietitian, August 2016 – August 2018
 - Implemented medical nutrition therapy to patients in the acute care setting of a 339 bed hospital, primarily on the oncology unit, medical-surgical unit, and women's unit
 - Calculated nutritional needs and provided appropriate formulas for tube fed and TPN patients
 - Conducted inpatient and outpatient diet educations (i.e. diabetes, oncology, chronic kidney disease, bariatric surgery, congestive heart failure, food/drug interactions, etc.)
 - Utilized NFPE techniques; diagnosed, treated, and improved nutrition of patients who were clinically malnourished
 - Participated in daily medical rounding, preceptor for dietetic interns, food and nutrition representative for Educational Committee
 - Participated in outreach programs: Diabetes Care Packages with Food Bank, HEAL program classes (healing eating active living), health fair booths, BESTHealth nutrition presentations

Church Health, Memphis, TN

Registered Dietitian, March 2017 – May 2017, PRN

- Taught Diabetes Basics Class and facilitated discussion of participants

University of Tennessee at Martin Dietetic Internship/Graduate Studies Program, Martin, TN

Dietetic Intern, August 2015-May 2016

- Completed 1200 hours of supervised practice
- Baptist Memorial Hospital Memphis (570 bed hospital) - clinical/staff relief/food service rotations, September-February
- Other facilities – Fresenius Dialysis, Shelby County WIC, Baptist Restorative Care, Boling Center for Developmental Disabilities, UT Extension, School nutrition, Baptist Rehab, Baptist catering, Morrison Corporate, wellness at YMCA, Le Bonheur Children's Hospital

Great Harvest Bread Company, Cookeville, TN

Baker and Server, August 2013-May 2015

- Collaborated with manager and staff about recipes and daily menu items
- Demonstrated comprehension of food science through every phase of the bread-making process
- Strengthened skills in dealing with the public and adapted to high stress of customer demand

Tennessee Technological University, Cookeville, TN

Student Admissions Representative, Fall 2011-Spring 2013

- Gained essential public speaking skills and facilitated group communication while holding campus tours for incoming students; improved my ability to market a product or concept

Grade A Catering, Cookeville, TN

Server, Fall 2012

- Prepared food for presentation, led preparation of VIP Hospitality room

VOLUNTEER WORK AND ACTIVITIES:

Downtown Church, Memphis, TN

Nursery Volunteer, November 2015 – May 2019

Cookeville Pregnancy Clinic, Cookeville, TN

Trained Counselor, October 2014 – May 2015

- Counseled women in crisis pregnancies

Campus Outreach, Cookeville, TN

Bible Study, Management Team Co-Leader, Fall 2012 – Spring 2014

HONORS:

- WTAND scholarship, Dietetic Internship, Fall 2015
- Kappa Omicron Nu Honor Society, Spring 2011- Spring 2014

SKILLS/CERTIFICATIONS:

- **ServSafe Certified**, July 2018 – present
- **EPIC EMR**, November 2015
- **Hospitality Suite**, November 2015
- **Meditech EMR**, August 2019
- **Order Facilitator Outpatient Referral Manager**, August 2019
- **CPR Certified**, May 2018 – present

PROFESSIONAL AFFILIATIONS:

- Registered Dietitian LIC#86050018, 2016 – present
- Tennessee Licensed Dietitian LIC#3085, 2016 – present
- Mississippi Licensed Dietitian LIC#D1793, 2016 – present
- Academy of Nutrition and Dietetics, 2012 – present
- Nashville Academy of Nutrition and Dietetics, 2019 – present

REFERENCES: available upon request

Morgan McFarlane, MPH, RD, LDN
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Nashville, TN 37214
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(931) 247-4351

Education

Master of Public Health, Health Promotion, (December 2018)
Northern Illinois University, Dekalb, IL

Bachelor of Science in Nutrition: Dietetics, (May 2013)
University of Tennessee- Chattanooga, Chattanooga, TN
Cumulative GPA: 3.902, Dietetics Coursework GPA: 4.0
Honors: Outstanding Senior Award (twice), Dean's List (every semester)

Dietetic Internship

Lenoir Rhyne University Dietetic Internship – Distance Option, Washington, D.C. (May 2014)

Work and Volunteer Experience

State of Tennessee: Department of Finance & Administration (February 2020-present)
Regional Wellness Coordinator

- Support the Working for a Healthier Tennessee initiative
- Interact directly with Agency Wellness Councils forming partnerships to leverage resources and build a sustainable culture of health and wellness in the workplace
- Consult with the State's Wellness Team in strategic planning and serve as a wellness expert on projects incorporating the three focus areas: Physical Activity, Healthy Eating and Tobacco Cessation.

State of Tennessee: Department of Intellectual and Developmental Disabilities (September 2016-February 2020)
Registered Dietitian

- Oversaw the services for individuals with intellectual and developmental disabilities across middle Tennessee
- Provided consultation to provider agencies and community dietitians
- Reviewed medical charts, visit with individuals and care staff, and made recommendations
- Created and taught training courses such as basic nutrition
- Followed up with agencies on individual incidents
- Reviewed dietetic service requests
- Voluntarily led over 100 employees in the Working for a Healthier Tennessee initiative

Habitat for Humanity (August 2015-August 2016)
Volunteer

- Developed lesson plans and taught elective nutrition related courses to individuals applying for Habitat for Humanity homes

Senior Connections (April 2015-August 2016)

Registered Dietitian

- Planned and developed menus appropriate for 1/3 of the Recommended Daily Allowance for adults age 50 and older
- Developed and implemented recipes for age-appropriateness, taste, quality and nutrition standards
- Collaborated with executive chef and line cooks about new recipes and improvement of existing recipes
- Led employee wellness initiatives including weekly wellness meetings and a companywide "Step Challenge"
- Researched potential new products for menu based on nutrition and ingredient information
- Developed and conducted staff training on food safety procedures
- Scheduled and conducted food safety audits and distributed results to leadership team
- Led meetings with clients to gather feedback about the menu
- Called clients on a weekly basis to gather feedback about the meals
- Developed and conducted monthly/quarterly nutrition education sessions at the senior centers
- Medical Nutritional Therapy, as needed
- Preceptor to dietetic interns and ensured core competencies were met
- Created a monthly newsletter for the senior centers and home-delivered meal clients (~400 distributed)
- Collaborated with a local hospital and gathered data for a \$50,000 Kaiser grant to study the effect of home delivered meals on people with diabetes
- Planned and developed menus compliant for National School Breakfast Program and National School Lunch Program standards for Destiny Achievers Academy of Excellence
- Conducted nutritional analysis of school recipes and menus to ensure compliance
- Maintained recipe/product book for school food service establishment

Open Hand Atlanta (October 2014-March 2015)

Culinary Dietitian

- Used Genesis R&D nutrition analysis software to conduct nutrition analyses of recipes which were reflective of final products based upon the ingredients, production processes, absorption, concentration and other product losses and gains
- Collaborated with Food Services Manager and R&D Chef on new and existing products to improve variety, nutritional content, product quality, flavor profile, durability, and/or visual enhancements based on client/customer feedback, internal product review, changing trends and improved profitability
- Used culinary and menu development skills to compose meals which aligned with business goals, delivered customer satisfaction, provided for Operational efficiency and complied with contractual criteria
- Led a portion control initiative in order to reduce waste and associated costs with over/under portioning

- Participated in a daily taste test and evaluated food based on appearance, taste, and texture
- Collected, analyzed, and presented customer/client feedback monthly to operations department
- Organized and interpreted yield tracking data; investigated recipes with high discard or that run short
- Researched potential new products for menu based on nutrition and ingredient information
- Contacted food service vendors about new products and formed good business relationships

Status Athletic Club (July 2014-October 2014)

Contract Nutritionist

- Wrote nutrition articles for monthly newsletter
- Created materials and led the nutrition booth at an employee health fair
- Designed nutrition section of the website

D.C. Central Kitchen (June 2014-August 2014)

Healthy Corners Program/Truck Farm Summer Intern

- Collected, organized, and interpreted data for a \$250,000 grant from the Department of Small and Local Businesses
- Analyzed nutrition quality of Healthy Corners recipes and revised accordingly
- Developed 4 interactive educational nutrition games used at community events
- Conducted a temperature study with meals delivered to shelters
- Managed a nutrition tip text messaging services (used Message Media) with 250+ individuals receiving the texts
- Pitched the Healthy Corners program to local small business owners
- Helped with opening 25 Healthy Corners programs
- Helped with Truck Farm education sessions
- Developed Healthy Corners marketing material

Affiliations and Certifications

University of Tennessee-Chattanooga Nutrition Club (2011-2013)

President (2012-2013)

Chattanooga Academy of Nutrition and Dietetics Liaison (2012-2013)

Academy of Nutrition and Dietetics -Member (2012-present)

District of Columbia Metropolitan Area Dietetic Association -Member (2013-2014)

Certificate of Training - Childhood and Adolescent Weight Management (November 2013)

Greater Atlanta Dietetic Association (2014-present)

Certificate of Training – Emory Diabetes Education Course (2015)

Nashville Academy of Nutrition and Dietetics (2016-present)

Skills

Proficient in Microsoft Word, Microsoft Excel, Microsoft PowerPoint, Computrition, Nutrikids, CBORD, ChefTec, Genesis Nutrition Analysis, Food Pro Nutrition Analysis

Lori Brown, R.D., L.D.N.
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Columbia, TN 37174**

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EDUCATION

- January 2019-
Present **Plymouth State University**
Pursing MEd in Health Education and Promotion with specialty focus in Eating Disorders
- September 2018-
March 2019 **Certified Intuitive Eating Counselor**
- March 2017 **ServSafe Certified**
- September 2009 **American Dietetic Association**
Certificate of Training in Adult Weight Management
- January 2003-
July 2003 **Central Michigan University, Mt. Pleasant, Michigan**
Twelve hours of graduate credit completed in Nutrition and Dietetics
- January 2000-
May 2002 **Central Michigan University, Mt. Pleasant, Michigan**
Bachelor of Science, Dietetics
Overall grade point average: 3.80/ Graduated Magna Cum Laude

EXPERIENCE

- July 2019-
Present **Nashville Nutrition Partners**
- Outpatient dietitian focusing on recovery from eating disorder. Provide evidence based nutrition guidelines in a team approach.
 - Created eating disorder program for practice. Tasks included establishing a vision statement, practice policies, flow of visits, assessment of dietitian needs, creation of content and standardized communication to providers.
- October 2018-
July 2019 **LoriBrownNutrition, LLC.**
- Started a private nutrition therapy practice with specialties in: recovery from chronic dieting, recovery from disordered eating and eating disorders, functional gut disorders, body image, intuitive eating, feeding dynamics for families.
- April 2017-
April 2019 **MOBE (Health and Wellness Coach/Part Time)**
- Provided individualized wellness education with a goal of assisting clients to achieve a healthier life.
 - Guided clients in basic self management skills regarding nutrition, movement, sleep and emotional wellness.
 - Used evidence based principles in the most creative, relational way to encourage intrinsic change. A strong emphasis was placed on mind/body connection.

October 2016-
October 2019

MidCumberland Community Action (Health and Nutrition Coordinator/Consultant)

- Restructured entire nutrition program to rebuild a stronger emphasis on food safety, food allergies as well as child feeding dynamics through the ecSatter method and Health At Every Size Mode®.
- Planned menus that provide balanced meal components in addition to meeting multiple regulations.
- Managed all students with special diets which includes outreach to families and health care providers, special diet menu creation, policy updates and staff education.
- Assessed growth of students.
- Provided nutrition education to parents, teachers and students.

November 2014-
December 2015

FitRX, Binge Eating Disorder Treatment Facility (Registered Dietitian)

- Taught group nutrition class.
- Met with program clients for individualized behavioral nutrition counseling.
- Attended staff meeting to discuss client goals and strategies for achieving best outcomes.
- Facilitated group activities including grocery tours, cooking demonstrations, therapeutic dining and food experiences.
- Responsible for nutrition financial expenditures and submitting a monthly report.

June 2011-
June 2013

YMCA, Diabetes Prevention Program (Registered Dietitian)

- Met with program clients for individualized nutrition counseling based on the published guidelines from the American Diabetes Association and the Academy of Nutrition and Dietetics.
- Assisted clients in developing realistic and achievable nutrition goals.
- Reviewed current medications for potential nutrition drug interactions.
- Facilitated group outreach activities such as grocery tours, cooking demonstrations and nutrition presentations.
- Co-created nutrition assessment forms and nutrition handouts specific to program needs.

June 2010-
April 2011

Innovative Nutrition, LLC (Consultant)

- Assessed nutritional needs of clients.
- Conducted monthly nutrition counseling sessions to clients and direct care staff.

March 2009-
January 2010

Health Management Corporation, Franklin, Tennessee (Quality Evaluator)

- Provided assistance with departmental expansion and creation of a quality program for health professionals.
- Assisted in creating a monitoring tool to ensure exceptional communication skills and clinical accuracy.
- Monitored calls and provided feedback to health professionals to enhance behavioral change counseling skills and member centric outcomes.
- Created monthly reports for managers and directors that were utilized to promote awareness of trends.

March 2009-
August 2003

**Additional work experience and references available upon request*

PROFESSIONAL

- Renewed (Tennessee eating disorder support)
- EDRDpro (professional membership for dietitians in eating disorder work)
- International Federation of Eating Disordered Dietitians (IFEDD)
- Academy for Eating Disorders (AED)
- The Academy of Nutrition and Dietetics* sub group in Sports, Cardiovascular and Wellness (SCAN), Behavior Health

SARA HAJI

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Email: Sara.Barwari@gmail.com

EDUCATION

MEREDITH COLLEGE – RALEIGH NC – Dietetic Internship (July 2017)

MIDDLE TENNESSEE STATE UNIVERSITY – MURFREESBORO, TN

Bachelor of Science in Nutrition and Food Science - Dietetics Concentration (May 2016)

EXPERIENCES

Sharecare: Health Coach, Nashville, TN (June 2019 – Present)

- Contacting participants telephonically, who are eligible to participate in the program, for enrollment and provides necessary coaching to reduce or eliminate high-risk behaviors
- Provides individualized behavior change coaching to reduce or eliminate high-risk behaviors and encouraging adoption of habits that are conducive to a higher quality of life
- Assists individuals in tailoring behavior goals and action steps specific to their personal needs and priorities
- Responding to high volume of inbound consumer phone calls as well as making campaign calls to enroll and ensure members have sustained engagement
- Coordinating delivery of services and care with other members of a multi-disciplinary care team, including nurses, pharmacists and external vendors.
- Participate in daily and monthly meetings for updates and to present findings and insight
- Note and track the members progress and efficacy of program

Oh My Green (OMG): Happiness Ambassador, Nashville, TN (Dec 2018 – June 2019)

- Promoting company culture and values through interacting and providing clients with exceptional customer experience
- Merchandising, inventory management and restocking all of products within a timely manner with strong attention to detail
- Utilizing internal applications and tools
- Maintain clean and crisp client kitchens including all Oh My Green equipment and appliances
- Quality Assurance/control inspection of products including but not limited to: dry goods, beverages, perishable produce, coffee, dairy and more
- Adhere to all food safety procedures and complete all safety training and assessments

Yoh Services – e-Health Screenings: Dietitian - Health Educator, Bellevue, TN (June 2018)

- Provided post screening wellness consultation to ~100 clients based on the results of client's lipid panel, glucose, blood pressure, weight and BMI
- Assisting with any nutrition or health related Q&A and concerns from clients
- Provide clients with Healthy Lifestyle Coaching form for continues nutrition education

NASHVILLE INTERNATIONAL ACADEMY (NIA): Middle School Science Teacher, Bellevue, TN (Dec 2017 – Dec 2018)

- Plan, prepare and deliver instructional activities that facilitate active learning experiences
- Assign and grade class work, homework, tests and assignments
- Communicate necessary information regularly to students, colleagues and parents regarding student progress and student needs
- Manage student behavior in the classroom by establishing and enforcing rules and procedures

CLINICAL

COOKEVILLE REGIONAL MEDICAL CENTER: Dietetic Intern, Cookeville, TN (Nov 2016 and May 2017)

- Completed five weeks of independent staff relief
- Conducted nutritional screenings and assessments
- Utilized Medical Nutrition Therapy to assess nutritional needs to determine appropriate feeding regimens
- Effectively performed initial and follow-up assessments on the following patient population: Cardiac, Renal, Diabetic, Surgical, Gastrointestinal, Trauma, Neurological, Pulmonary, Oncology, Rehab, and General Medicine
- Developed a malnutrition tool to assist physicians with diagnosis of moderate/severe malnutrition by utilizing Nutrition Focused Physical Assessment (NFPA) as per ASPEN and ADA guidelines

DAVITA DIALYSIS CLINIC: Dietetic Intern, Smyrna, TN (Mar 2017)

- Conducted nutritional screenings, assessments and monitored nutritional status of dialysis patients
- Developed appropriate nutrition care plans and provided nutrition education
- Updated bulletin boards for National Nutrition Month and completed nutrition in-service

THE HERITAGE AT BRENTWOOD: Dietetic Intern, Brentwood, TN (Aug 2016 and Dec 2016)

- Conducted nutritional screening and assessments for geriatric patients
- Provided nutrition education and counseling
- Attended inter-disciplinary team meetings to provide the highest level of care to patients

VANDERBILT UNIVERSITY MEDICAL CENTER: Observational Student, Nashville, TN (Aug 2015 and Apr 2017)

- Shadowed six Registered Dietitians for 32 hours (adult and pediatric population)
- Observed nutritional screenings and assessments, and educational counseling in Trauma, Neurology, Cardiology, and Kidney Transplant units

FOOD SERVICE MANAGEMENT

THE HERITAGE AT BRENTWOOD: Dietary Aide/Intern, Brentwood, TN (Feb 2015 – Feb 2017)

- Prepared cold meals and snacks according to planned menus and patients' requests
- Assisted in receiving and storing food and supplies, assuring proper labeling and dating
- Followed sanitary guidelines in preparation, storage and distribution of meals
- Worked efficiently in a fast-paced environment

WILLIAMSON COUNTY SCHOOLS: Dietetic Intern, Franklin, TN (Sept - Oct 2016)

- Completed numerous in-services for dietary staff
- Participated in orientation and training for new dietary employees
- Coordinated procurement, production, distribution and service of goods and services
- Performed management functions related to safety and sanitation

VOLUNTEERING EXPERIENCE

Nashville International Academy: (Oct 2015 - Present)

- Worked closely with a Registered Dietitian to prepare and present multiple nutrition workshops for nearly 100 parents and students

PROFESSIONAL SKILLS

- Proficient in Nutrition Data of Paragon Electronic Health Record Clinical Software System
- Fluent in written and verbal communication in English, Kurdish and Arabic

Madelyn F. Emler

Antioch, TN 37013 | 615-495-6106 | maddiemfr@gmail.com

Education

Samford University

Master of Science, Dietetic Intern

Birmingham, AL

December 2019

- GPA: 3.8/4.0
- Able to chart on multiple patients within a certain time limit and able to interpret the patient's caloric needs
- Developed an understanding for current research in the field of nutrition to better treat my patients
- Able to utilize electronic charting systems in various methods of charting
- Completed my practicum with a private practice eating disorder dietitian, learning and understanding the importance of intuitive eating

Middle Tennessee State University

Bachelor of Science in Nutrition and Food Science concentration in Dietetics

Murfreesboro, TN

May 2017

GPA: 3.49/4.00

- Tau Sigma National Honor society member
 - Created an ergonomic aid booth at a Sports Nutrition Fair for the general public.
 - Developed with MTSU's DPD director and fellow students, a summer nutrition program for Bell Academy
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Work Experience

Nutritionist

Balance Nutrition Counseling

Nashville, TN

January 2020- Present

- Utilize HAES and Intuitive eating to treat clients with eating disorders, disordered eating, depression, and anxiety.
- Speak with client's other healthcare providers to provide the most supportive care for them. Also speak with other healthcare providers to advocate for my clients.

Nutritionist

Katie's Plates

Bellevue, TN

June 2017- December 2019

- Create marketing events to promote Katie's Plates and educate individuals on their diet
- Adapted work styles to also not only complete job required tasks but worked in the kitchen when needed

Baker

Nothing Bundt Cakes Franklin

Franklin, TN

August 2016-December 2017

- Carried out bakery design orders for 36 weddings on-time under a specific deadline
- Supervised proper sanitation protocol within the kitchen area and developed an understanding of commodity production

Dietetic Aide

TrustPoint Hospital Murfreesboro

Murfreesboro, TN

May 2015- August 2016

- Carried out dietary plans for 85 patients created by the dietitians by assessing meal options for patients
-

Additional Experiences

The Nutrition and Dietetic Association of MTSU

Vice President

Murfreesboro, TN

March 2015- May 2016

- Coordinated 1st annual Welcome Back to Campus event with over 65 attendees
- Created along side fundraising chair NDA's 1st fall trail mix fundraiser

President

May 2016- May 2017

- Monthly led meetings for 90 members promoting volunteer and fundraising events with NDA
- Collaborated with fellow board members on over 20 fundraising and community service events